

Volunteers Needed!

2023 Mountain State Senior Olympics June 7th—9th

Volunteers are the backbone of the Mineral County Senior Olympics. We could not exist without the dedication of dozens of area citizens that help each year. The time, energy and enthusiasm of volunteers fuel our movement and make our athletes' dreams a reality. There is a place for everyone in our organization.

Mountain State Senior Olympics, formerly the Mineral County Senior Olympics is organized by Aging & Family Services of Mineral County and held on the campus of Potomac State College. All of our categories need a full complement of talents and skills. We welcome and encourage families or groups (i.e. church youth groups, corporate employees, civic and fraternal organizations, and high school and college classes) to sign-up to volunteer at our event! Please view and complete the form on the back page to help in whatever capacity you can!



2023 Mountain State Senior Olympics - Volunteer Form

Wednesday, June 7th and Thursday, June 8th

Please indicate your preferences by marking an "X" beside the event(s) you can help with

Wednesday, June 7th

1:45—4:00 Indoor Events—Church McKee (Stay together in Groups)

<input type="checkbox"/> Corn Hole Toss <input type="checkbox"/> Shuffleboard <input type="checkbox"/> Washer Toss	<input type="checkbox"/> Wiffle Ball Toss <input type="checkbox"/> Bean Bag Toss <input type="checkbox"/> Supervising an age group
--	--

Thursday, June 8th

8:00—11:30 Track and Field Events—Stayman Field

<input type="checkbox"/> Horseshoes <input type="checkbox"/> Disc Golf Putting <input type="checkbox"/> Soccer Kicking	<input type="checkbox"/> 20 Yard Dash <input type="checkbox"/> Bocce Ball Roll <input type="checkbox"/> Lacrosse Shooting	<input type="checkbox"/> Football Throw <input type="checkbox"/> Softball Throw <input type="checkbox"/> Baseball Pitching
--	---	--

12:45—3:00 Gymnasium Events—Lough Gymnasium (Stay together in Groups)

<input type="checkbox"/> Ladder Ball <input type="checkbox"/> Basketball Free Throw <input type="checkbox"/> Supervising an age group	<input type="checkbox"/> Golf Putting <input type="checkbox"/> Basketball Hot Shot
---	---

Volunteers will receive a t-shirt, and can attend the Indoor Picnic on Thursday PM. Please return form to Aging & Family Services.

Volunteers may be moved to areas where needed.

Volunteer Name	Age	Shirt Size
Phone Number	E-Mail	
Address	City, State Zip	